



# CHINAR'S DALEEL

MONTHLY NEWSLETTER



PICTURED: A team of doctors during health camp held at Manzgam, Kulgam under Parvaaz



Ghulam Mohammad - Warwan (Sheep rearing unit) by Nadeem



Zahida- Anantnag (Apparel and cosmetics)

## Empowering entrepreneurs through SBS

As part of CHINAR's Small Business Support project, five units were launched in the Kupwara, Anantnag and Kishtwar districts. Mehraj Ahmad Lone, a resident of the remote village of Brayan, Warwan, has long struggled with financial difficulties. CHINAR provided him with a sheep-rearing unit comprising 10 pregnant ewes. Similarly, Ghulam Mohammad from Afti village received support to establish a similar unit. Zahida Jan from Anantnag was assisted in setting up an apparel and cosmetics business. In Kupwara, two deserving youth received support—one with graphic and web design equipment and the other with assistance to establish a polyclinic.

**Currently, 86 SBS units are operational across different districts of Kashmir.**



Mohammad Amin Shah, Kulgam



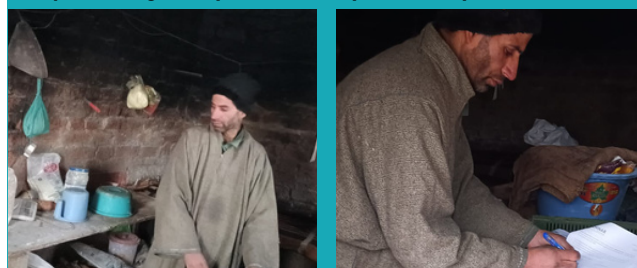
Riyaz Ahmad, Shopian

## Abdul Qayoom: Crafting a Future Through Baking

Abdul Qayoom, a 41-year-old skilled bread maker from Baramulla, is renowned for preparing the traditional "Kashmiri roti." As the sole breadwinner for his family of six, which includes his wife, two school-going children and an infant, he faced significant challenges in meeting their daily expenses. Last year, CHINAR enrolled two of his children in its Child Development Program, providing some relief to Qayoom from the burden of educational expenses.

With over a decade of experience in traditional baking, Qayoom previously worked in partnership with another individual at a different location. However, he aspired to set up his own bakery shop, which would give him greater control over his work and income. In response, CHINAR provided him with the necessary resources to establish his bakery unit.

Qayoom possesses in-depth expertise in managing a bakery, gained through years of hands-on experience. Together with his wife, he envisions creating a sustainable and reliable source of income to ensure a better life for their family. **"I will work hard to expand and grow my business," says Abdul Qayoom.**



## Empowering families : Parvaaz

This month, seven livelihoods were launched under Parvaaz in three districts of Kashmir.

Riyaz Ahmad from Shopian, a manual laborer living in a modest shared shelter, has long struggled with financial instability. To help him achieve a stable income and improve his living conditions, he was provided with a cow unit (a cow and a calf) as part of a livelihood support. Similarly, two other families from the same district were supported with sheep units to sustain their livelihoods. In Kulgam, two families were empowered through livelihood support—one with a grocery store and the other with a sheep-rearing unit. Meanwhile, in Baramulla, a sheep unit and a traditional Kashmiri bakery shop (Kanderwan) were successfully launched, offering these families a sustainable means of income and self-reliance.

### OUR MISSION

EMPOWERMENT OF VULNERABLE CHILDREN, MARGINALIZED YOUTH AND DISTRESSED COMMUNITIES THROUGH QUALITY EDUCATION AND SOCIO-ECONOMIC PROGRAMS USING SCIENTIFIC APPROACH





### Community Awareness under Parvaaz

CHINAR International, in collaboration with the Hub for Empowerment of Women, the District Social Welfare Office, and the Special Cell for Women, organized an awareness camp at Sedow, Shopian. Over 100 women and adolescent girls participated in this first of its kind event. The sessions addressed critical topics such as domestic violence, gender inequality and harassment, while introducing support systems like the One Stop Centre and the Women's Cell. Helpline numbers were shared to improve access to these services. Additionally, government schemes were highlighted, with on spot registrations by attendees.



### Counselling for aspiring students

The inaugural Information, Education, and Counselling (IEC) Program was held at the ICDS Centre in Hangalgund, Anantnag, attracting nearly 200 participants, including ICDS workers, local youth and community members. Jointly organized by CHINAR International and Ehsaas International, the program focused on academic orientation, guidance on scholarships, career opportunities and relevant schemes. A dedicated Google link was introduced to facilitate personalized one-on-one sessions, equipping communities with essential knowledge and resources.



Graduation ceremony - Baramulla

### 16 families attain self reliance under Parvaaz

This month, CHINAR International proudly celebrated the graduation of 31 children from 16 families across Baramulla, Shopian, and Srinagar. These families have achieved self-reliance, now independently covering their children's educational expenses and earning a stable income to support their households.

As part of the graduation ceremonies, each family received a sustenance kit containing essential items such as blankets and food supplies to support them during this transition. The families expressed their gratitude to CHINAR for standing by them during challenging times and helping them regain their footing.



Graduation ceremony - Shopian

**Tashfiya's Journey of Hope**  
Tashfiya, a 13-year-old from Budgam, faced immense educational setbacks due to financial hardships and interrupted schooling. Her life changed when she joined the Community Learning Center (CLC), where engaging literacy programs, technology-based learning, and personalized support empowered her to excel. Within months, Tashfiya transformed—improving her reading, writing, and communication skills while gaining the confidence to lead among her peers. Today, Tashfiya envisions becoming a teacher, to inspire and uplift young girls in her community. **"The CLC has changed my life. I'm now confident in reading, writing, and speaking," Tashfiya shared proudly.**



### Health camps for enrolled families and children

CHINAR International, in collaboration with the Block Medical Officer of Qazigund and DH Pora, organized two health camps for the Manzgam and Waltengu communities enrolled under the Parvaaz program. During the camps, health professionals conducted thorough examinations for over 300 individuals, including beneficiaries and members of the general public.

Additionally, under the Child Development Program, two health camps were held in Arizal, Budgam, where 282 participants were treated, while 219 participants received care in Pulwama. Attendees were also provided with free medicines, ensuring they received comprehensive support for their health needs.



### Capacitating field staff

A two-day workshop was conducted for 15 monitors under the Child Development Program. During the workshop, the field staff presented their achievements, challenges, and key data points related to their areas of intervention. The sessions covered a wide range of topics, including Barefoot Counseling, Child Rights and Protection, Networking, Documentation and Safe Living Practices. At the end of the workshop, participants provided valuable feedback, offering insights for future improvements.



### Safe living to families

The Child Development Program aims to provide a secure and nurturing environment for children by addressing their critical needs. This month, CHINAR renovated homes for five enrolled families in the Budgam (3), Shopian(1) and Kupwara (1) districts, providing essentials such as doors, windows, furnishings and more to ensure a safe living space. To date, 28 safe living spaces have been provided to vulnerable families under the Child Development Program.

